

Make your career happen



Be a part of a Backswing team

You'll work on an inspiring project.

Work on a project and be in charge

You'll learn how to organise, plan and manage a project.

Learn new skills and have fun

You'll improve the skills employers are looking for.

Get support in landing a job or training

You'll learn the skills to apply successfully for opportunities.

Interested?

If you want to be a part of a 18 week Backswing project starting in **October 2025** contact us today: **02 9621 6633** or email us **info@sydwestms.org.au**

This program is for people with a disability, including those from a multicultural background.

What is Backswing?

Backswing is a creative project managed by people with disability from culturally and linguistically diverse backgrounds in Western Sydney.

You will be a part of a team that manages the whole project from start to finish. At the same time, Backswing is a job preparation, employer engagement and skill-building program.

What is the project about?

You will work on a project that helps employers to better communicate with people who have a disability when starting a job. The project also promotes the benefits to employers of employing people with a disability.

You will engage with employers and organisations from Western Sydney and build an important network that will help you to secure future employment or to find training opportunities.

What will I learn?

You'll get real-life work experience, develop the skills that employers want and stand out from the crowd when it comes to getting a job. At the same time, you'll be doing something super positive for your community.

The important employability skills you develop during this project are:

Communication, Problem-Solving, Creativity, Critical Thinking, Teamwork, Presentation Skills, Digital Literacy, Financial Literacy

What are the details?

It's free. You will work in a welcoming space at SydWest in Blacktown or Mt Druitt. The project runs for 18 weeks. You'll work 8 hours a week. You'll get supported by a dedicated trainer.

How can I join the team?

Reach out to SydWest, we help you to sign up.

Give us a call on **02 9621 6633** or email us at info@sydwestms.org.au